

## 2<sup>nd</sup> Annual Selkirk Biz Fitness 50-50 - Official Rules

- Contest will run from February 20, 2018 to May 15, 2018 for a total of 12 weeks.
- Registered teams must be members in good standing with Selkirk Biz with each team member registered @ \$25.00 per person.
- Teams numbers per Selkirk Biz member can be unlimited but only in teams of one or two people
- Results are based on percentages of change with results obtained via Skulpt scan
- Registrations and entry fees must be received by initial measure/check-in day (February 12-16) or pre-arranged date by March 1)
- No professionals will be eligible to enter this contest
- a disclaimer must be signed by participants to enter this program
- Participants will forfeit the \$25.00 fee if you leave the contest at anytime unless due to injury or medical reason.
- Only initial & final check-in is mandatory. Optional check-ins will be offered to track progress.
- Grand Prize is 50% of the registration fees collected. The Grand Prize will NOT be awarded if the winner's payment is dishonoured in any way or for any reason
- Results are based on percentage change with the most dramatic transformation being selected as the winning team.
- Overall best individual award will also be given out based on percentage
- In the event of any dispute in the contest, the contest judge will rule and the judge's decision is final and incontestable.
- Selkirk Biz reserves the right to refuse entry to any person.
- Past winners can register but cannot win 2 consecutive contests or within 18 months of a previous contest (if 2 are held in one year)
- The winner agrees to permit his/her name and photo accepting award to be used in any advertising, promotion, publicity or press release regarding the contest.
- The winner must sign a liability release prior to acceptance of the Grand Prize. Pursuant to the liability release, the winner will agree to hold Selkirk Biz, any of its directors, members or other organizations associated with the contest harmless against any and all claims or liability arising directly or indirectly from the prize or contest.
- All participants must maintain good sportsman-like conduct or risk ejection from the competition.
- Male and female volunteers will be on hand for all measuring days
- **You should consult your physician or other health care professional before starting this or any other fitness program to determine if it is right for your needs.**