

**Your Life Performance Training
510 Greenwood Ave
Selkirk**

Fitness 50/50 Promotion

Present your member card

- 1st Session Free (boot camp, strength or Silver Sneakers)

- Unlimited strength training: \$345 (reg \$375)

- Unlimited Bootcamp: \$330 (reg \$360)

**-Build your own 12 week program (bootcamp & strength combo - minimum 12 sessions) :
\$11/session (reg \$13.25/session)**

(204) 485-4085

www.your-lifefitness.com